Reflections





welcome

Is it already half way through the year? Time flies when you're having fun!

As we embrace the changing seasons, I'd like to extend a warm welcome to all the new residents and members of staff who have recently joined our Rockpool family. May you find comfort and a sense of belonging in your new homes, knowing that our dedicated team is here to support you every step of the way.

Amid the recent challenges of Covid and Influenza outbreaks across our homes, I want to acknowledge and thank our remarkable staff for their dedication and contributions in safeguarding the well-being of our residents.

Furthermore, I am excited to announce the launch of our intergenerational programs at both homes, which mark a new chapter in fostering meaningful connections across different generations. These initiatives will create enriching experiences and forge bonds between our residents and the wider community (more details page 5).

Turning our attention to the progress at Pelican Waters, I'm thrilled to share that the scaffolding is gradually being dismantled, revealing the stunning views that await our future residents. The fit-out of the rooms is well underway, reflecting our commitment to creating a comfortable and welcoming environment for all.

I also want to acknowledge and extend gratitude to our exceptional Lifestyle teams, whose creativity and dedication continue to shine. In the past months, they have organized and executed a series of remarkable events, including Mothers Day, Italian National Day, and International Nurses Day celebrations.

Lastly, I am delighted to announce that we have a new Chief Operating Officer, Ian Kelleher, joining us in July. With his expertise and leadership, we look forward to harnessing the rapid growth of Rockpool and further enhancing our commitment to delivering exceptional care and support.

Melissa Argent

Rockpool Residential Aged Care CEO

ns

update

Meet Ian Kelleher

It is with great
excitement to inform
everyone of the
successful
recruitment of lan
Kelleher to the role of
Chief Operating
Officer at Rockpool.



Over the years Ian has developed deep business capabilities in leadership, operations, marketing, technology, strategy, innovation, modern work practices, project management, financial management and delivery. These skills are crucial for advancing Rockpool's strategic vision.

Ian is an authentic, dynamic leader and is driven by a strong purpose to make a positive impact on people's lives. He empowers those around him, is curious to learn, has the courage to innovate, all while keeping things simple.

You will often find him alongside others training for a new adventure, attending major events or volunteering his time to advance one of his passion projects in Outback Queensland.

This is such an exciting time for us as a team. This role is here to assist in the wonderful work that our team does every day and assist us to continue to set a new standard in this incredible sector that we work.

Welcome to Rockpool!

Sustainability - More Than a Commitment, It' a Lifestyle.

At Rockpool, we take our Sustainability seriously.

This commitment shines through the personal lives of our team members too. Rockpools CFO Michael Watson show his commitment by riding around in his beloved fully electric Tesla.

In fact, he loves his Tesla so much that he decided to take it on a 1500km road trip through the Australian Outback.

As the treasurer of The Royal Open-Air Theatre Winton and Vision Splendid Outback Film Festival - he set out on a quest to pick up Hollywood superstar and trusted friend Simon Baker from Longreach Airport; before continuing to Winton for the grand opening of the 10th Vision Splendid Outback Film Festival.

Talk about commitment, right?

Be it in the office at Rockpool or out on the road our key leaders are committed to dreaming big and Reimagining Life.





Welcome to Rockpool

We're delighted the following team members have joined Rockpool in the past two months:

- · Greg Beaver Hospitality Manager
- Jamie De Guzman Dining Service Champion
- · Reetu Maharjan Personal Carer
- · Anni Comerford Personal Carer
- · Gay Albright Café Assstant
- Kimrose Haoda Keneke Cleaner
- Anne McBryde Personal Carer
- · Tracey Moore Lifestyle Assistant
- · Craig Hamilton Maintenance Officer
- Rachael Duncan Personal Carer
- · Sonia Amburla Cleaner
- · Kelly Foster Chef
- · Celeste Madden Personal Carer
- · Nicolene Drever Personal Carer
- · Jolene Everett Personal Carer
- Chantal Giblin Personal Carer
- Gurwinder Kaur Registered Nurse
- Mellissa Near Personal Carer
- Lauren Saunders Personal Carer
- · Katinka Moulder Personal Carer
- Rajwinder kaur Khangura Personal Carer
- Suwarna Malla Personal Carer

- · Adam Zuurbier Personal Carer
- Kamala Sharma Bashaula Registered Nurse
- Kara Lowe Registered Nurse
- Jacqueline Baldonado Personal Carer
- · Hardeep Kaur Registered Nurse
- · Michelle Guest Personal Carer
- · Sapphire Hapeta Personal Carer
- Bradley Taylor Personal Carer
- Laura Loki Personal Carer
- Maureen Gondwe Personal Carer
- · Anzela Sherpa Personal Carer
- Sabina Thapa Personal Carer
- · Rachel Harvey Dining Service Champion
- · Niraj Gurung Chef
- · Rashmita Dahal Registered Nurse
- Sujina Poudel Personal Carer
- Kowijumanga Peni Dining Service Champion
- Tessa Aldescu Personal Carer
- · Connar Allen Cleaner
- Zha-Sha Doroja Registered Nurse

Know Someone Who Might Want to Work for Rockpool Pelican Waters?

Recruitment for Rockpool Pelican Waters is well under way and we are actively recruiting new team members to help bring the new home to life.

If you know anyone that might be interested in applying to join our team, ask them to send an email to our recruitment team with their expression of interest.

recruitment@rockpoolrac.com

We have a range of opportunities available, including but not limited to:

- Facility Manager
- · Registered Nurses
- Enrolled Nurses
- Personal Carers
- · Hospitality Services

which was implemented this year. Each quarter we focus on a different area of wellbeing and provide activities and resources to support team members growth in these areas.

A highlight at Rockpool is our Wellbeing Program



Rockpool Reflections



Rockpool Pelican Waters

The curtains are slowly being drawn at Pelican Waters as the scaffolding comes down - take a look at some of the incredible views from level five.

Rockpool Pelican Waters will boast wonderful views of the Sunshine Coast's hinterland and coastline.

One of the most anticipated features of Rockpool Pelican Waters will be the Pool Table and Bar that residents can make use of.

It's only a matter of time before we get the keys to this new home and begin preparations for an opening later this year - keep your eye's peeled for an official opening date as we will have one soon!



If you would like any more information regarding our new home at Pelican Waters, please contact our admissions team.

Rockpool Admissions

- 0408 431 419
- **L** 1800 513 053
- imina.silvestri@rockpoolrac.com



Pumicestone Rocks Festival

Rockpool was a proud sponsor of the Pumicestone Rocks Festival at Pelican Waters which took place in the park across from our brand new home - something our new Residents will be able to look forward next year.









Intergenerational Programs

Teams at Carseldine and Morayfield have had the opportunity to develop Intergenerational Programs.

Rockpool Carseldine were visited by our local kindergarten C&K, who put on a lemonade stand and made their own chocolate brownies to share with residents.

Residents also enjoyed activities together which helped introducing them to one another by creating a playful environment to interact.

Everyone at Rockpool Carseldine is excited for what lies ahead as C&K's newest building is due for completion in the coming months, which will see an increase in visits from the kindergarten children and more opportunities alike.

Rockpool Morayfield is working collaboratively with Leading Edge Childcare Morayfield, which involved engaging activities between residents and the enthusiastic children.

These visits at Morayfield are scheduled every Monday afternoon from 2pm - 3pm. So mark your calendars and come witness the power of this program for yourself. The smiles on both children and residents says it all!

Key Contacts

Do you have a question or a query for a member of the Rockpool team? Not sure who to contact? Why not try our Facility Managers or Hospitality Manager.

Rockpool Carseldine Facility Manager

 Karen Conroy karen.conroy@rockpoolrac.com

Rockpool Carseldine Hospitality Manager

 Greg Beaver greg.beaver@rockpoolrac.com

Rockpool Morayfield Facility Manager

 Kerri McLeod kerri.mcleod@rockpoolrac.com

Rockpool Morayfield Hospitality Manager

 Brandon del Rosario brandon.delrosario@rockpoolrac.com

Rockpool Reflections

A friendly reminder about...

community sickness

Amid our recent community outbreaks of COIVD-19 and Influenza, please ensure to avoid visiting Rockpool if you are unwell and maintain the homes mask wearing rules when signing in. Thank you for your help in keeping our residents safe.



carseldine Rockpool Carseldine

Italian National Day

Italian National Day was celebrated at Rockpool Carseldine as many of the residents are of Italian descent and wanted to show homage to their heritage. There were a selection of pizzas made by The Rocks Cafe which residents shared in between song, dance and a glass of wine or two!









Bush Walk

One of the highlights of Rockpool Carseldine is that it's surrounded by lush bushland, giving our residents the opportunity to get out and about with daily walks put on by the lifestyle team.

Here's a quick snippet of a group of residents that were eager to enjoy a breath of fresh air and take in the sunshine.

Rockpool Carseldine Residents Meeting

21st July



Come and join us at our Residents Meeting on Friday the 21st of July from 10:30am to 11:00am in the Lifestyle room.

Baby Shower

Carsledine residents, along with members of the team got to share afternoon tea at a baby shower held for Registered Nurse Ravi.

It was a great time to reminisce for many of the residents at they got to share their experience about all things baby related.

Congratulations Ravi!





April 2023

Rockpool Reflections

Mothers Day High Tea

We had a momentous afternoon tea in The Rocks Cafe organised by our superstar lifestyle team.

The afternoon was complimented with some energising and loving entertainment paying tribute to all the Mothers at Rockpool.









Market Day

Coles? Woolies? How about Market Day!

The lifestyle team at Rockpool Carseldine put on an incredible range of options at Market Day for residents as an alternative to the usual 'Lolly Trolley'.

Residents were spoilt for choice on this occasion!

Glasshouse Bus Outing

Residents recently enjoyed a bus outing to Glasshouse Mountains. Be it a big plate of waffles, a small bag of custard apples, or just a memorable experience; everyone on the trip got something out of it!







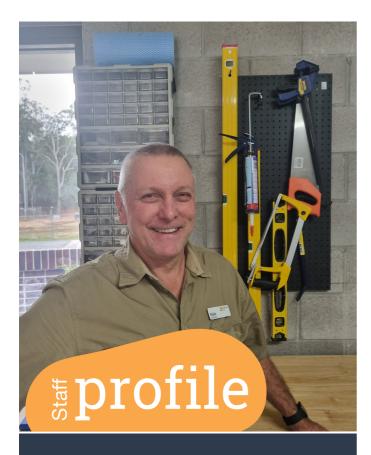


Cathy & Hank's Anniversary

Cathy and Hank, have been married for 67 years. Who would've thought they'd be reimagining their life with us at Rockpool after all their years?

Thanks to lifestyle for organising this special occasion!





NAME Mark Willams.

POSITION Maintenance.

LOCATION Carseldine.

HOW LONG HAVE YOU WORKED AT ROCKPOOL?2 Months.

MY FAVOURITE MEMORY IS:

Working in Ibiza for a full summer season.

MY FAVOURITE FOOD IS:

Paella.

WHERE'S YOUR FAVOURITE PLACE IN THE WORLD? Cooktown.

WHAT'S THE LAST BOOK YOU READ?

The Outback Wranglers - Matt Wright.

WHAT ARE YOU PASSIONATE ABOUT?

Caravanning and travelling around Australia.

HOW WOULD YOU DESCRIBE ROCKPOOL IN THREE WORDS? Good Working Environment.

WHAT'S YOUR FAVORITE MOVIE?

The Matrix.

WHAT'S THE CRAZIEST THING YOU'VE EVER DONE?

Bungee Jumping in Queenstown New Zealand.

WHO WOULD YOU MOST LIKE TO SWAP PLACES WITH FOR A DAY?

Mark Verstappen - F1 Driver for Red Bull.

WHAT'S YOUR SECRET TALENT THAT NO ONE KNOWS ABOUT?

Speaking like Donald Duck (for the Grandkids only!)



NAME Samantha Pilbeam.

LOCATION Morayfield.

HOW LONG HAVE YOU LIVED AT ROCKPOOL?10 Months.

MY FAVOURITE MEMORY IS:

Dancing.

WHAT WAS THE BEST CONCERNT YOU ATTENDED?

The Ballet and many Rock 'n' Roll concerts.

MY FAVOURITE FOOD IS:

Weetbix and Chocolate.

IF I COULD DO ANYTHING IN THE WORLD IT WOULD BE:

To make people happy.

WHERE'S YOUR FAVOURITE PLACE IN THE WORLD?

Anywhere with my family.

WHAT'S YOUR FAVOURITE MOVIE? Superman.

WHAT ARE YOU PASSIONATE ABOUT?

I am still passionate about Rock 'n' Roll & dancing.

WHAT'S YOUR SECRET TALENT?

I was a Toe Dancer and Cancan Dancer!

WHAT IS THE CRAZIEST THING YOU'VE EVER DONE?

Climbing onto the roof of a house.

HOW WOULD YOU DESCRIBE ROCKPOOL IN A FEW WORDS?

I am very lucky and happy living here!

WHO WOULD YOU MOST LIKE TO SWAP PLACES WITH FOR A DAY?

I would like to swap places with the receptionist Candice here at Rockpool Morayfield!

g Rockpool Reflections



April 2023

morayfield

Chicken Hatching

Residents at Morayfield were blessed as they watched the hatchlings slowly emerge from their shells.

These images portray the pure joy and adoration our residents experience when bonding and sharing the gift of life.









International Nurses Day

It was great to see our residents at Rockpool Morayfield getting involved in International Nurses Day.

Thank you to all those involved in making this a special day for our clinical team - we appreciate you all

Rockpool Morayfield Resident Art Expo

29th July

Come and join our Resident Art Expo on Saturday the 29th of July from 9am.



Mother's day was a hit at Morayfield as residents got to enjoy a special stall with goodies and a lavish morning tea.

Afterwards they finished by playing some hilarious blindfold games!







King's Coronation

You never know where the King's faithful might be hiding...some of the Residents at Morayfield are Royal Super Fans.

Residents gathered around the TV with flags, hats and cupcakes to witness history for the King's Coronation.









Impromptu Dance

Dale a tu cuerpo alegria Macarena Que tu cuerpo es pa' darle alegría y cosa buena

Dale a tu cuerpo alegría, Macarena Hey Macarena, ay

Impromptu Dance Class at Rockpool Morayfield is where I'd rather be!

Happy Hour

Happy Hour at Rockpool Morayfield is always a hit!

to get out and about to jig n' jive to some greatest hits while being entertained by the wonderful & passionate lifestyle team!









Courtyard Darts

Probably the most dangerous and underground of all clubs at Rockpool with a cult like following is Courtyard Darts.

Residents get the chance to put their dexterity to the test with a fun game of darts in the café courtyard!

11 Rockpool Reflections



April 2023

games

Sudoku is easy to play and the rules are simple. Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9.

						6		
	2		5					8
							2	
1	9	7				4	2 5 6	
8				1			6	
	4							
	7			5	2	9	8	
4		9			2 6 7			
	5	9			7			6
	3	6	1					7
	3	6	1	4			8	7
4	3	6	1 7 5	4		6	8	7
4		6	1 7 5	4	1	6	8	7
4	3 6 5	6	1 7 5 3 8	7	1	6	8	7
		6	3		1	6		7
3		6	3	7		6		
3		6	3	7		6		



Flowers

Find and circle all of the flowers that are hidden in the grid.

The remaining letters spell a secret message - a quotation from *Romeo and Juliet*.

Ρ	L	Α	٧	Е	Ν	D	Е	R	Α	С	R	0	Α	R	Α	0	S	Α
Υ	1	Α	1	Ν	U	Т	Ε	Ρ	Ε	D	Α	Ν	Ε	Ε	Е	R	D	R
S	U	L	0		D	А	L	G	0	G	Т	L	S	W	G	С	L	Е
1	С	В	U	Υ	Α	Ν	Т	R	Υ	Н	Ν	Κ	1	0	Ν	Н	0	В
А	Н	А	S	Т	Ε	R	Ν	0	U	Ν	С	1	Υ	L	А	I	G	R
D	R	Е	Н	Т	Α	Е	Н	R	Ν	0	0	Α	G	F	R	D		Е
F	Υ	Е	0	В	D	D		Н	Н	Е	L	Ε	L	Ν	D	В	R	G
0	S	Т	$\vee\!\!\vee$	L		U	Ε	Υ	Т	S	М		Ρ	R	Υ	Ε	Α	Α
Χ	Α	Α	0	0	М	R	L	L	Т	Ν	S	Т	Н	0	Н	L	М	М
G	Ν	G	1	Ε	L	L	D	R	Ρ		1	R	Ε	С	S	L	Ν	Α
L	Т	F	Α	S	0	F	0	0	Α	Н	Κ	С	М	G	-	F	D	R
0	Н	U	Ε	Н	Е	Е	Ν	Ν	F	С	I	С	А	W	R	L	А	Υ
٧	Е	С	0	U	М	Ε	Т	U	0	Ρ	Α	Ν	Е	Υ	1	0	F	L
Е	М	Н	L	Е	D	Н	R	Т	S	L	Α	R	1	S	Н	W	F	L
С	U	S	R	S	U	М	S	F	L	Е	L	R	Ν	U	0	Ε	0	1
1	М	1	L	S	G	Е	R	Α	Ν		U	М	А	Α	М	R	D	S
Т	Α	А	Н	Т	Α	Е	R	В	S	Υ	В	Α	В	D	Т	Α		S
А	S	1	Т	А	М	Е	L	С	W	0	R	R	А	Υ	1	Ι	L	S
Т	Е	L	0	1	٧	В	0	U	٧	А	R	D	1	Α	W	S	0	Е
S	L	1	L	Υ	S	Ν	Α	Ρ	D	R	Α	G	0	Ν	Ε	Т	Е	Ν

ALSTROEMERIA
AMARYLLIS
ANTHURIUM
ASTER
BABY'S BREATH
BELL FLOWER
BIRD OF PARADISE
BOUVARDIA
CALLA
CARNATION
CHRYSANTHEMUM
CLEMATIS

CORNFLOWER
DAFFODIL
DAISY
DELPHINIUM
FORGET-ME-NOT
FOXGLOVE
FREESIA
FUCHSIA
GERANIUM
GERBERA
GINGER
GLADIOLUS

GOLDEN ROD HEATHER HOLLYHOCKS HYACINTH HYDRANGEA IRIS LAVENDER LILAC LILY LISIANTHUS MARIGOLD ORCHID PANSY
PEONY
PETUNIA
ROSE
SNAPDRAGON
STATICE
STOCK
SUNFLOWER
TULIP
VIOLET
YARROW

