# Reflections





## welcome

Time continues to swiftly carry us through the year, and as we embrace the changing seasons, I'm thrilled to share some exciting updates with all of you.

First and foremost, a warm Rockpool welcome goes out to Jamie Oakley, our new Facility Manager at Rockpool Pelican Waters. Jamie brings a wealth of experience and a fresh perspective to our team, and we're delighted to have him onboard.

The anticipation is building as we approach the completion of our Pelican Waters home which is scheduled for the end of September. With doors set to open to residents this November, we eagerly await the opportunity to offer a brand-new living space that embodies the Rockpool commitment to comfort, care, and community.

I'd also like to extend a heartfelt thank you to all those who supported us during the commission site visits for our current homes at Carseldine and Morayfield. The dedication of our team, the participation of our residents, and the unwavering support of families have all been pivotal in ensuring these visits ran smoothly and efficiently.

Moving to some Rockpool Carseldine highlights, The Rocks Café just got a fantastic makeover along with the launch of a tempting new menu – perfect for bringing our Rockpool family closer and complimenting the opening of C&K Carseldine right next door to kickstart our Intergenerational Program. To cap this all off, we just finished celebrating Rockpool Carseldine turning one year old!

Finally, turning to Rockpool Morayfield, I'm pleased to announce that Rockpool has secured the purchase of our neighbouring property 82 Caboolture River Road, Morayfield. At this stage, we will look to undertake a clean up of the property, creating additional car parking spaces and converting the existing shed into a hobby space for our residents!

Looking back, it's been a year of wonderful memories, growth, and a unique community spirit that makes us who we are. I'd like to again extend a huge thanks to all who've been part of this incredible journey so far.

#### **Melissa Argent**

Rockpool Residential Aged Care CEO

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## update

#### Welcome to Jamie Oakley

Rockpool is excited to announce Jamie Oakley is joining the Rockpool Group as the Facility Manager of Pelican Waters. With a strong passion for culinary arts, Jamie has previously



pursued a distinguished career as a Qualified Chef, earning the prestigious European Chefs Diploma.

Notably, Jamie honed his skills in the culinary world by contributing his expertise to three

Michelin-starred establishments, including the

renowned "Aubergine" by Gordon Ramsay and Mosimann's in London. Demonstrating his entrepreneurial spirit, Jamie took great pride in owning and successfully managing several flourishing restaurants.

Recognising his remarkable talent and commitment to innovation and leadership, Jamie progressed his career in the Residential Aged Care industry in senior hospitality and operational roles over the past 7 years.

With a unique blend of culinary expertise, leadership, and a genuine love for his family and sports, Jamie is a true inspiration to those around him.

Welcome to the Rockpool team Jamie!

### Australian Aged Care Innovators Network and Learn Event

Rockpool Carseldine were proud to host a network and learn event in association with Australian Aged Care Innovators.

CEO Melissa Argent was front and centre with a keynote speech to fellow industry professionals about how Rockpool innovates using the principles of Co-Design.

Following this she was put to the test in front of the audience being amongst a panel of speakers sharing further insights into how to overcome barriers to innovation in the Aged Care Sector.

The key points of discussion were around innovators taking the time to sit down with care providers to really understand our problems so we can 'Co-Design' unique solutions, the end result being an improved level of care for all elder Australians in aged care homes.

A big thankyou to The Rocks Cafe manager John Leo and his team for their fantastic catering!





## Welcome to Rockpool

We're delighted the following team members have joined Rockpool in the past two months:

- Kemina-lee Wainohu Cafe Cook
- Renee Scanlon Café Assstant
- Melinda Phillips Personal Carer
- · Sangam Gautam Cleaner
- · George Watson Café Assstant
- · Wendy Harris Registered Nurse
- · Kerry Lynn Roe Personal Carer
- Phyllis Alexander Dining Service Champion
- · Wendy Powell Personal Carer
- Richard Cooper Lifestyle Assistant
- · Aksara King Cleaner
- Precious Ndebele Registered Nurse
- Rajeswari Regmi Acharya Registered Nurse
- Ramesh Velankutty Dining Service Champion
- Shalendar Kaur Singh Personal Carer
- · Sonu Bala Registered Nurse
- Irene Mae Dayanan Personal Carer
- · Chandani Amatya Registered Nurse
- · Raevin Angulo Personal Carer
- · Manjali Maharjan Registered Nurse

- · Davinder Deol Personal Carer
- Lalaine Montemayor Registered Nurse
- Mirian Chinedu Registered Nurse
- · Ashleigh Rainham Personal Carer
- · Jecko Joseph Personal Carer
- Ramandeep Kaur Personal Carer
- · Ana Ramos Cleaner
- Raveena Ramdam Registered Nurse
- Melika Ramezanabadi Registered Nurse
- · Aafrin Chaudhary Personal Carer
- Lovejeet Kaur Personal Carer
- Sunayana Shresetha Dining Service Champion
- Winnie Mongare Personal Carer
- Dakotah Owen Personal Carer
- · Rakshya Khatri Registered Nurse
- Shenae Grogan Dining Service Champion
- Maygan Cross Personal Carer
- Kusum Shrestha Personal Carer
- · Jamie Oakley Facility Manager

## Happy First Birthday Rockpool Carseldine!





The team at McNab is set to complete the building of Rockpool Pelican Waters this September.

Internal fitouts are nearly completed and our team are beginning to become familiar with the layout of the building to envision how to bring our new building to life!

Take a look at some of the progress shots below!

If you would like any more information regarding our new home at Pelican Waters, please contact our admissions team.

#### **Rockpool Admissions**

0408 431 419

**L** 1800 513 053

admissions@rockpoolrac.com







## 2023 Rockpool Strategic Planning Day

Teams across Rockpool homes came together with the corporate leadership team last month to participate in Rockpool's annual Strategic Planning Day.

The day was filled with an intense schedule that covered a range of different components that make up Rockpools Strategic Plan, aiming at how we aim to reimagine the aged care industry.

As you can tell by the various images, the team has a blast and left feeling exuberant about taking forward the renewed strategic plans into everyday life at Rockpool.

Many of the team members that participated who work in the nuts and bolts of Rockpool like our Personal Carers, Nurses or Maintenance staff really got to appreciate the care and thought that goes into making Rockpool what it is and are now actively participating in the working groups put together to implement the new ideas that came out of this productive event.

It's safe to say that everyone is hoping to get an invite to next years event!





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## 2023 Rockpool Strategic Planning Day



#### **Key Contacts**

Do you have a question or a query for a member of the Rockpool team? Not sure who to contact? Why not try our Facility Managers or Hospitality Manager.

#### **Rockpool Carseldine Facility Manager**

 Karen Conroy karen.conroy@rockpoolrac.com

#### **Rockpool Carseldine Hospitality Manager**

 Greg Beaver greg.beaver@rockpoolrac.com

#### **Rockpool Morayfield Facility Manager**

 Kerri McLeod kerri.mcleod@rockpoolrac.com

#### **Rockpool Morayfield Hospitality Manager**

 Brandon del Rosario brandon.delrosario@rockpoolrac.com



## carseldine Carseldine

### **Cycling Without** Age

Residents at Rockpool Carseldine had a great trip up to Caloundra to participate in the Cycling Without Age program. The eldest participating resident was 96 years young!









#### **NAIDOC** Week

In celebration of NAIDOC week, Rockpool Carseldine were visited by Uncle Alex for a wonderous Welcome to Country and a few stories about his upbringing. This was followed by a morning tea filled with native themed treats and some very potent Maarr Tea

## Rockpool is on LinkedIn Follow us on LinkedIn for business updates

Scan the QR code for the latest business updates that covers all that happens behind the scenes at Rockpool.



## International **Chocolate Day**

Residents at Rockpool Carseldine had a blast at International Chocolate Day, celebrating...and tasting...the culinary history of Chocolate!





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### Monet Art Show

Residents at Rockpool
Carseldine got to visit the Monet
In Paris art exhibition in
Hamilton this week.
The team were put to the test
with a last minute bus
breakdown but some quick
thinking by our thrifty lifestyle
team saved the day with a
concierge style Maxi Taxi
service!









#### 50/60s Rock'n'Roll Concert

A flash from the past in Rockpool Carseldine's 50s and 60s Rock'n'Roll concert this week with a visit from none other than Elvis Presley!

Residents enjoyed the live concert with an incredible '60s Diner' themed luncheon to make it a fun afternoon for all.

#### Italian Club

Italian Club is always a hit with our Italian residents at Carseldine. They enjoyed some classical Italian themed tunes along with a dance - fast or slow, who knows!









## Meet Reggie + Kevin's Drums

Be it a visit from a cuddly little pooch like Sir Reginald of Margate or jamming out on the Drums, our lifestyle activities enrich residents lives by enhancing cognitive function, emotional well-being, and social connections





**NAME** Lorry Rose

**POSITION** Volunteer

**LOCATION** Morayfield

**HOW LONG HAVE YOU WORKED AT ROCKPOOL?** 

2.5 Years.

**MY FAVOURITE MEMORY IS:** 

Riding horses

**MY FAVOURITE FOOD IS:** 

Italian

WHERE'S YOUR FAVOURITE PLACE IN THE WORLD?

Down on the farm

WHAT'S THE LAST BOOK YOU READ?

Hidden by Karen Rose

**WHAT ARE YOU PASSIONATE ABOUT?** 

Helping people is my passion

**HOW WOULD YOU DESCRIBE ROCKPOOL IN** 

THREE WORDS? It's like a family

**WHAT'S YOUR FAVORITE MOVIE?** 

Gone with the wind

WHAT'S THE CRAZIEST THING YOU'VE EVER DONE?

Got into a semi-trailer with a stranger after my car broke down!

WHO WOULD YOU MOST LIKE TO SWAP **PLACES WITH FOR A DAY?** 

Mother Teresa

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WHAT'S YOUR SECRET TALENT THAT NO **ONE KNOWS ABOUT?** 

Being a foster mum to 13 children



NAME Elizabeth (Beth) Jones.

**LOCATION** Carseldine.

**HOW LONG HAVE YOU LIVED AT ROCKPOOL?** 

5 Months

**MY FAVOURITE MEMORY IS:** 

Spending time with my children & grandchildren, especially my grand daughter who is 1.5 years old.

WHAT WAS THE BEST CONCERNT YOU ATTENDED?

**Andre Riew** 

MY FAVOURITE FOOD IS: Chicken

IF I COULD DO ANYTHING IN THE WORLD IT **WOULD BE:** 

To be happy and content and make others happy with friendship

WHERE'S YOUR FAVOURITE PLACE IN THE

Australian Bush (Spend 10 years in Quilpie)

WHAT ARE YOU PASSIONATE ABOUT?

Walking every day

**WHAT'S YOUR SECRET TALENT?** 

I got a business degree in university in my

WHAT IS THE CRAZIEST THING YOU'VE EVER DONE?

Falling off a horse

HOW WOULD YOU DESCRIBE ROCKPOOL IN A FEW WORDS?

Comfortable, Freedom

WHO WOULD YOU MOST LIKE TO SWAP PLACES **WITH FOR A DAY?** 

I would like to be a little girl again!

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## morayfield

## Morgan's Seafood

Sittin' in the mornin' sun, I'll be sittin' when the evenin' comes.

Watching the ships roll in, Then I watch 'em roll away again, I'm sittin' on the dock of the bay, Watchin' the tide roll away, I'm just sittin' on the dock of the bay, wastin' time....









#### NAIDOC Week

NAIDOC week was celebrated at Rockpool Morayfield with a blazing fire, Aussie Made Billy Tea and homemade damper. Uncle Gordon and Bob stopped in to honour the team with a Welcome to Country and a few jams on the didgeridoo!

### **Rockpool is on Facebook**

## Like us on Facebook to keep updated.

We post regular updates of the happenings of our residents around Rockpool. Scan the QR code and it will take you to our page!



#### Vietnam Vets Day

Take a look at some of those badges! Who knew there were so many heroes amongst the troops at Rockpool? A few of our residents at Rockpool Morayfield took the time out to celebrate Vietnam Veterans Day with a small afternoon tea and reminiscing hour

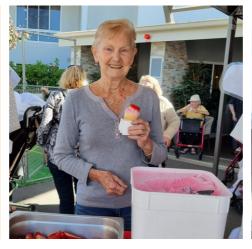






## Ekka Day

Big thanks to Adrian Raedel, Town Planner for Moreton Bay who gifted our residents & staff some fairy floss and snow cones at Rockpool Morayfield's Ekka Day last week! The day also included Strawberry Sundae Ice creams and a visiting animal farm.











## Sideshow Alley

A part of the Ekka day at Rockpool Morayfield was the Side Show Alley created by the team.

It was filled with a wide array of fun and exciting games and show style food enjoyed by both residents and team members











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## games

Sudoku is easy to play and the rules are simple. Fill in the blanks so that each row, each column, and each of the nine 3x3 grids contain one instance of each of the numbers 1 through 9.

	3					2	9
				7	3		1
				3	5 6	9	2
					6	4	
	9	2		6	1		7
9	2	1		8	7		3
8		3	6 4				
			4	2			5

2				1	8		9	
		8	6	3				7
	3		5			1	4	
								2
	5					9		
	1							
				6	5			3
			2			4		
4	6	1	3	8		2	7	5



## **Spring**

Find and circle all of the words that are hidden in the grid.

The remaining letters spell a message about Spring.

Т	L	Ε	M	W	0	Ν	S	S	S	А	R	G	L	Α
G	С	Υ	С	L	Α	М	Ε	Ν	S	А	L		L	Ρ
G	Ν	G	R	0	W	Т	Н	R	L	L	L	L	R	S
0	Υ		Ι	D	L	S	Α	R	Α		Ε	S	Ν	Ν
L	А	L	Ν	K	А		Ε	В	Е	R	R	0	Н	Е
F	М	L	0	Α	Ν	F	Ε	S	G	М	I	Ρ	W	W
Ε	Ν	Α	Е	Е	Ε	S	F	Ι	U	L	R	R	Α	L
-	0	В	Q	R	Α	L	Е	0	Е	С	S	А	В	Е
R	S	Т	U	В	Ε	S	С	D	D	F	0	S	W	А
-	А	F	Ι	G	R	Ν	Ν	G	L		Ν	R	Н	٧
S	Ε	0	Ν	Ν	R	Α	Ε	0	Ν		L	С	С	Е
E	S	S	0	1	D	Е	W	W	В		R	S	В	S
S		Ν	Χ	R	G	Е	Ε	0	Α	Α	R	М	Е	G
Α	Υ	F	L	Ρ	R	0	R	Ν	М	L	W	Ρ	Е	0
E	Т	Е	W	S	S	Ρ	Ι	L	U	Т	R	S	S	R
R	Е	Т	S	Α	Е	Ρ	L	Α	Ν	Т	1	Ν	G	F

ALLERGIES FROGS RAIN APRIL GOLF RENEWAL BASEBALL GRASS ROBINS BEES SEASON GREEN CROCUSES SNOWMELT GROWTH CYCLAMENS IRISES SOFTBALL SPRING BREAK DAFFODILS LILIES DANDELIONS MARCH SPRING CLEANING EASTER MAY TULIPS EQUINOX WARMER NEW LEAVES FLOWERS PLANTING WET