

Reflections



2023 review

Dear Residents, Families, and our Rockpool Team,

As we approach the close of another eventful year at Rockpool, we wanted to take a moment to reflect on the milestones, challenges, and most importantly, the collective spirit that has defined our community. There have been some significant milestones this year. We welcomed our first residents and new team members at Pelican Waters, we celebrated Carseldine's first birthday, Morayfield turned four, we had two successful Aged Care Quality and Safety Commission site accreditation visits at both Carseldine and Morayfield and Oxley construction has commenced. Most importantly, we have continued to meet many new residents and team members across our homes and for us that is the greatest privilege of what we do everyday.

We extend our heartfelt gratitude to our residents, the pillars of our community, for entrusting us with your care and becoming an integral part of our family. Your stories, wisdom, and experiences continue to enrich our lives every day, reminding us of the importance of compassion and empathy in what we do. To the families and loved ones of our residents, your trust in our abilities and your involvement in the lives of your loved ones have strengthened the bond that holds us together as a caring community.

Reflecting on 2023, we have faced challenges that have tested our resilience, but we have emerged stronger and more united than ever. Our dedicated Rockpool team members deserve special recognition for their exceptional dedication, professionalism, and compassion throughout the year. Your tireless efforts, especially during trying times, have been nothing short of extraordinary. Your commitment to providing a safe, secure, inclusive, reflective, contemplative and vibrant with life habitat, all that Rockpool stand for, is the cornerstone of our success.

Moving into the new year, we are filled with hope, determination, and a renewed commitment to providing the best possible care and support to our residents and their families. In the coming year, we aim to continue our pursuit of excellence, embracing innovation and best practices to enhance the quality of life for all within our community. Your feedback, suggestions, and active participation will continue to guide us as we strive for continuous improvement.

As leaders of this wonderful community, we are immensely proud of the progress we've made and the positive impact we've had on the lives of our residents and team members. Together, we look forward to the new opportunities and experiences that 2024 will bring.

On behalf of everyone at Rockpool, we extend our warmest wishes for a joyous festive season and wonderful new year filled with good health, happiness, and prosperity.

Melissa Argent
Chief Executive Officer

Ian Kelleher
Chief Operating Officer

Desma-Ann van Rosendaal
Chief of Quality & Innovation

Cheryl Tether
HR Business Partner Lead



Welcome to Rockpool



The Rocks Café Carseldine is delighted to welcome it's new Café manager, Michael Charrington to the Rockpool team.

Michael has a well-known reputation around Brisbane that boasts a loyal following to his world class Reuben Sandwich.

Along with this incredible cult favourite, Michael will be working to revamp the food offering at The Rocks Café Carseldine, bringing his creative flair and experience as a Café owner to create a delightful culinary experience for everyone.

Private Dining Room Updates

Rockpool has recently revamped it's private dining room offering, with a suite of catered food and beverage options now available. If you would like to book one of our private dining rooms, you will need to fill in an event booking form which can be provided by Hospitality Managers (see key contacts on this page).



Key Rockpool Home Contacts

Reach out to our home managers for any pressing questions or a queries.

Carseldine:

Karen Conroy - Facility Manager

karen.conroy@rockpoolrac.com

Greg Beaver - Hospitality Manager

greg.beaver@rockpoolrac.com

Latika Dumar - Clinical Manager

latika.dumar@rockpoolrac.com

Morayfield

Kerri McLeod - Facility Manager

kerri.mcleod@rockpoolrac.com

Brandon del Rosario - Hospitality Manager

brandon.delrosario@rockpoolrac.com

Jade Miles - Clinical Manager

jade.miles@rockpoolrac.com

Pelican Waters

Jamie Oakley - Facility Manager

jamie.oakley@rockpoolrac.com

Carolyn Hunter - Hospitality Manager

carolyn.hunter@rockpoolrac.com

Mandy Saunders - Clinical Manager

mandy.saunders@rockpoolrac.com



Rockpool Songbird Oxley

Rockpool's latest development at Rockpool Songbird Oxley is finally underway!

Construction has officially commenced, with CEO Melissa Argent, Co-Founder and CFO Michael Watson and Development Manager Roman Summers breaking ground in a 'sod turn' ceremony alongside staff members from builder's McNab, Economic Development Queensland and GJG Architects.

What exactly is a 'sod turn'?

Did you know that it's a ceremony that symbolically consecrates the building location by physically 'breaking' the earth to prepare the land in exchange for a solid foundation that will last for generations to come.

Nestled amidst abundant green space and protected bushland, just a brief 20-minute journey from Brisbane's CBD, Songbird Oxley is our fourth home in South East Queensland.

Situated on Seventeen Mile Rocks Road in Oxley, Songbird Oxley will provide residents with various care options, including residential, respite, memory support, and palliative care.

The team at Rockpool is excited for the journey ahead and the creation of a warm, caring community, spreading the vision and philosophy of Rockpool to the south-side of Brisbane!



Rockpool Morayfield's Art Group



In the heart of Rockpool Morayfield, a vibrant community of artistic expression has blossomed under the guidance of Virginia Ceccato, Nancy Ceccato, and Ian Irish. This dynamic trio has cultivated an Art Group that serves as a testament to the transformative power of creativity among Rockpool's residents.

The Art Group, a collaborative effort between residents and our volunteer facilitators, provides a nurturing environment where individuals can explore their artistic talents, fostering a sense of community and well-being. Virginia Ceccato, with her background in art therapy, brings a unique perspective to the group, ensuring that each participant feels supported and encouraged in their creative journey. Nancy Ceccato and Ian Irish, both accomplished artists, contribute their skills to inspire and guide the residents. Both Nancy and Virginia work as Dining Service Champions and Ian as a Personal Carer at Morayfield!

The group meets regularly to engage in various art forms. The results are awe-inspiring, and are showcased at Morayfield's regular Art Exhibitions in which attendees can purchase artwork, the proceeds of which go back into the program.

The Art Group, along with the Art Exhibitions Shows not only enriches the lives of our residents but also provides a platform to connect with the broader community.

The Art Group stands as a shining example of the positive impact that artistic expression can have on the well-being of the elderly, proving that the joy of creating art knows no bounds.

For anyone interested volunteering to this group, please reach out to Rowena Shields at rowena.shields@rockpoolrac.com



Christmas Celebrations From Around Rockpool



Rockpool carseldine

Christmas Fun!

Carseldine's Christmas gathering was a huge success with residents enjoying a BBQ, drinks and some dancing.



Rockpool is on LinkedIn

Follow us on LinkedIn for business updates

Scan the QR code for the latest business updates that covers all that happens behind the scenes at Rockpool.



Remembrance Day Service

Residents enjoyed a live-stream of the national Remembrance Day service along with honouring our veterans.



Rockpool morayfield

Aquatic Day

Morayfield residents got to enjoy a day out to the pool and enjoy the benefits of water therapy!



Melbourne Cup

Our racing fans enjoyed the annual Melbourne Cup race, placed some bets and enjoyed a drink with fellow residents. Take a look at those hats!

Rockpool is on Facebook

Like us on Facebook to keep updated.

We post regular updates of the happenings of our residents around Rockpool. Scan the QR code and it will take you to our page!



Christmas Cheer

Residents and family members have been getting into the Christmas cheer with a visiting choir performance and wreath making activities.





Staff profile

NAME Kirsty Reckentin

POSITION Lifestyle Coordinator

LOCATION Pelican Waters

HOW LONG HAVE YOU WORKED AT ROCKPOOL?

Two Months

MY FAVOURITE MEMORY IS:

Playing and then helping my father in the garden

MY FAVOURITE FOOD IS:

Mexican

WHERE'S YOUR FAVOURITE PLACE IN THE WORLD?

Caloundra, Sunshine Coast

WHAT'S THE LAST BOOK YOU READ?

Boy Swallows Universe by Trent Dalton

WHAT ARE YOU PASSIONATE ABOUT?

Seniors receiving quality care and doing a wide range of activities to inspire them

HOW WOULD YOU DESCRIBE ROCKPOOL IN THREE WORDS? Homely, caring and beautiful

WHAT'S YOUR FAVORITE MOVIE?

Hamilton Stage Show & Movie

WHAT'S THE CRAZIEST THING YOU'VE EVER DONE?

Gone to Mexico on my own to complete my university studies and to travel South America.

WHO WOULD YOU MOST LIKE TO SWAP PLACES WITH FOR A DAY?

No one - one day isn't enough to fully appreciate someone else's life.

WHAT'S YOUR SECRET TALENT THAT NO ONE KNOWS ABOUT?

No secrets to disclose - otherwise they wouldn't be secrets!



Resident profile

NAME Suwaneetha (Win) Gunaratne

LOCATION Pelican Waters

HOW LONG HAVE YOU LIVED AT ROCKPOOL?

One Month

MY FAVOURITE MEMORY IS:

When I was young living in Sri Lanka, every Sunday we would go to this park called "Galle Face Green" to play with other children. It was on the coast.

WHAT WAS THE BEST CONCERT YOU ATTENDED?

I grew up in London and would go to Albert Hall for the BBC symphony orchestra concerts, I love classical music.

MY FAVOURITE FOOD IS:

Crab or Prawn Curry and Rice

IF I COULD DO ANYTHING IN THE WORLD IT WOULD BE:

I would like to continue to travel there are still places I have not seen such as Southeast Asia and Canada.

WHERE'S YOUR FAVOURITE PLACE IN THE WORLD?

Sri Lanka, where I grew up.

WHAT ARE YOU PASSIONATE ABOUT?

I am passionate about music; I play classical piano.

WHAT'S YOUR SECRET TALENT?

I like to act in plays, did so as a child.

WHAT IS THE CRAZIEST THING YOU'VE EVER DONE?

Moving to Europe when starting secondary school

HOW WOULD YOU DESCRIBE ROCKPOOL IN A FEW WORDS?

Different, in a good way!

WHO WOULD YOU MOST LIKE TO SWAP PLACES WITH FOR A DAY?

No one - I'm happy being me!



Rockpool pelican waters

Resident & Staff BBQ

Pelican Waters residents and staff members got to enjoy a BBQ put on by Facility Manager, Jamie Oakley.



Drumming Class

The lifestyle team have hit the ground running with their extensive calendar of activities and events, a crowd favourite being drumming classes!

Rockpool Pelican Waters is setting a new standard for aged care on the Sunshine Coast.

Scan the QR code to visit our website and take a look at Rockpool's newest home.



Around The Home

Be it our specialised raised garden beds or stitching together a few crochet patterns - our lifestyle program has a range of options enjoyed by all.

